

# January 2015



## ORCA Calendar

### Outdoor Recreation and Community Access

**AC: Adventure Club**— open to persons 15 & over with any ability level

**SOAR: Senior Activities**— open to adults 60 and over

All AC activities: \$10\*

Senior Biking Club: \$10\*

\*Transportation: \$2 one way, \$3 both ways.

Senior Hiking Club: \$5, transportation to/from Swan Lake Senior Center included.

Scholarships available, thanks to generous donations from the White Elephant Shop, Sitka Charitable Trust, and the City of Sitka.

ORCA Activity Cell Number: 738-1491

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
Contact Bridget at SAIL, 747-6859 bkraz@sailinc.org				Happy New Year! SAIL office closed.		
4	5 	6 AC: 3-4:30pm Ceramics I	7 	8 SOAR: 10-11:30am Senior Biking Club	9 1-2pm Better Breathers at Swan Lake Senior Center	10
11	12	13 AC: 3-4:30pm Ceramics II	14	15	16 	17
18	19 	20 AC: 2-3:30pm Photography 1- HPR Rec	21 	22 SOAR: 9:15-11:30am Senior Hiking Club	23 SOAR Ceramics Course 1, 5-6:30pm	24
25	26	27 AC: 2-3:30pm Photography 2- Around town	28	29	30 SOAR Ceramics Course 2, 5-6:30pm	31

# January 2015 ORCA CALENDAR

## Adventure Club (AC):

1.6.15: Ceramics, 3-4:30pm, Kick off the New Year with ORCA and back to back handbuilding pottery lessons. We'll have two sessions to work on a project– let your imagination run wild! Wes Holloway will instruct the class at the ceramics studio on the SFAC campus. Meet at SAIL at 3, or the ceramics studio at 3:10.

1.13.15: Ceramics, 3-4:30pm, Our second handbuilding pottery class. Come make something out of clay– for yourself, or to give as a gift! Wes Holloway will instruct the class at the ceramics studio on the SFAC campus. Meet at SAIL at 3, or the ceramics studio at 3:10.

1.20.15: Photography 1 at Starrigavan Estuary, 2-3:30pm (EARLIER THAN USUAL ORCA TIME) SAIL deputy executive director Jordan Nigro will kick off this series with some beginning lessons of how to use the disposable cameras and how to frame shots. Meet at SAIL at 2pm, or meet at Starrigavan Estuary at 2:20pm for the lesson. Dress warmly!

1.27.15: Photography II around town, 2-3:30pm (EARLIER THAN USUAL ORCA TIME) Our second photography lesson! This time, we'll be taking pictures of downtown landmarks and favorite places. Dress warmly!

## SOAR:

1.8.15: Senior Biking Club– 10-11:30am, The group will head out to the end of Sawmill Creek Road to work on some hill biking! No experience necessary, biking equipment available upon request. We are working up to a long bike ride this summer, so now is great time to start training!

1.22.15: Senior Hiking Club– 9:15-11:30am, Join us for our monthly hike, and bring a friend! Transportation from the Swan Lake Senior Center provided at 9:15am. Trekking poles, yaktraks, water, and snacks provided. Location TBD.

SOAR Handbuilding Ceramics Course: 1.23.15-2.27.15, every Friday from 5-6:30pm. Cost is \$100 for 9 hours of instruction from Wes Holloway. Classes will take place at the SFAC ceramics studio. Transportation available! Advance signup required! Please contact Bridget to sign up or for more information. A second session will be offered March 27-May 1.

**Do you know any youth ages 7-13 experiencing disabilities who are interested in fully adaptive, inclusive after school activities? SAIL is partnering with SCS and 4H to provide opportunities for youth experiencing disabilities to participate in 4H classes. Spread the word, and contact Bridget to get your child involved!**

For more information or to reserve your spot for activities, call Bridget at 747-6859, or email [bkratz@sailinc.org](mailto:bkratz@sailinc.org)